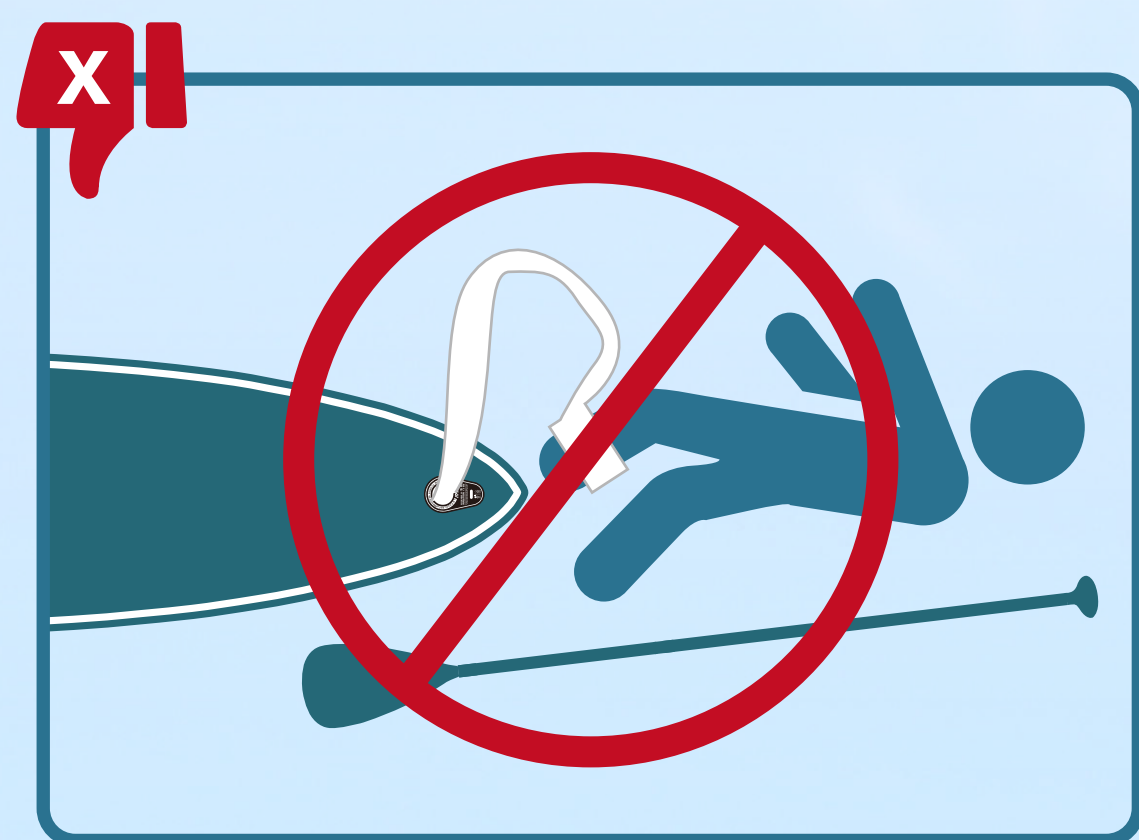


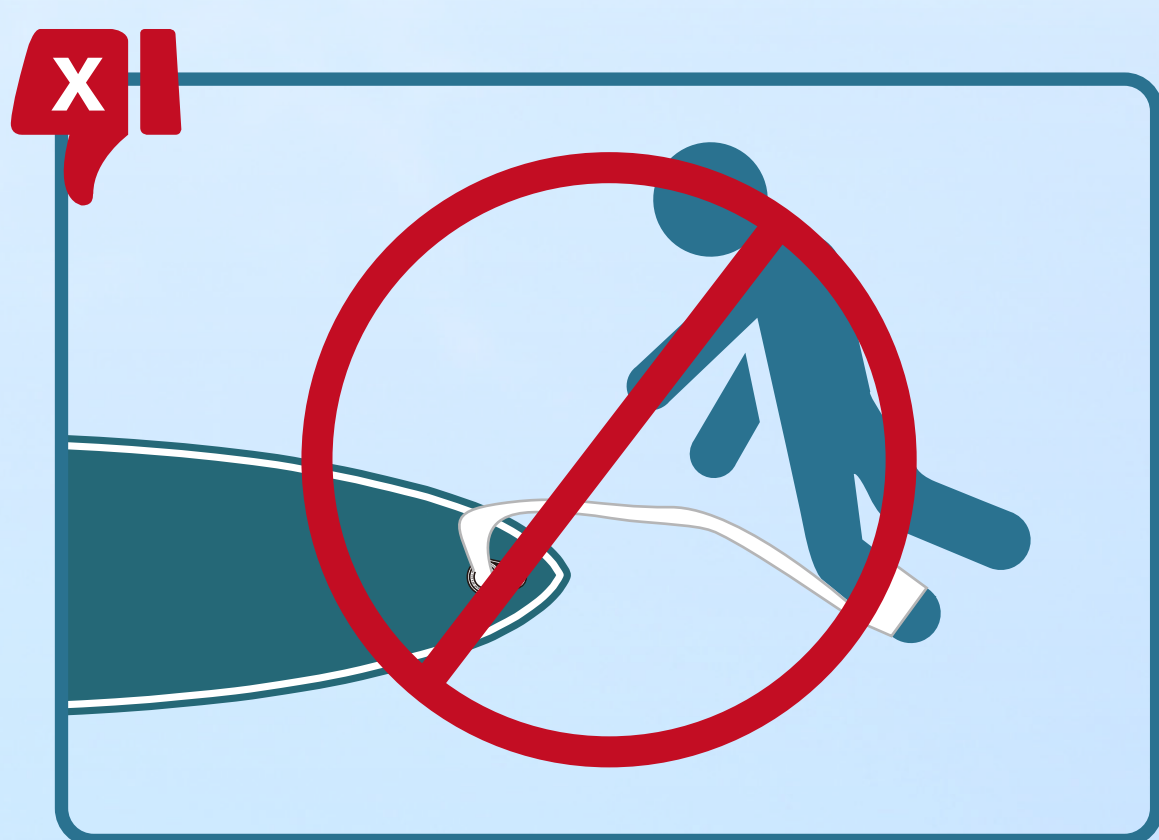
HOW TO SAFELY FALL INTO WATER



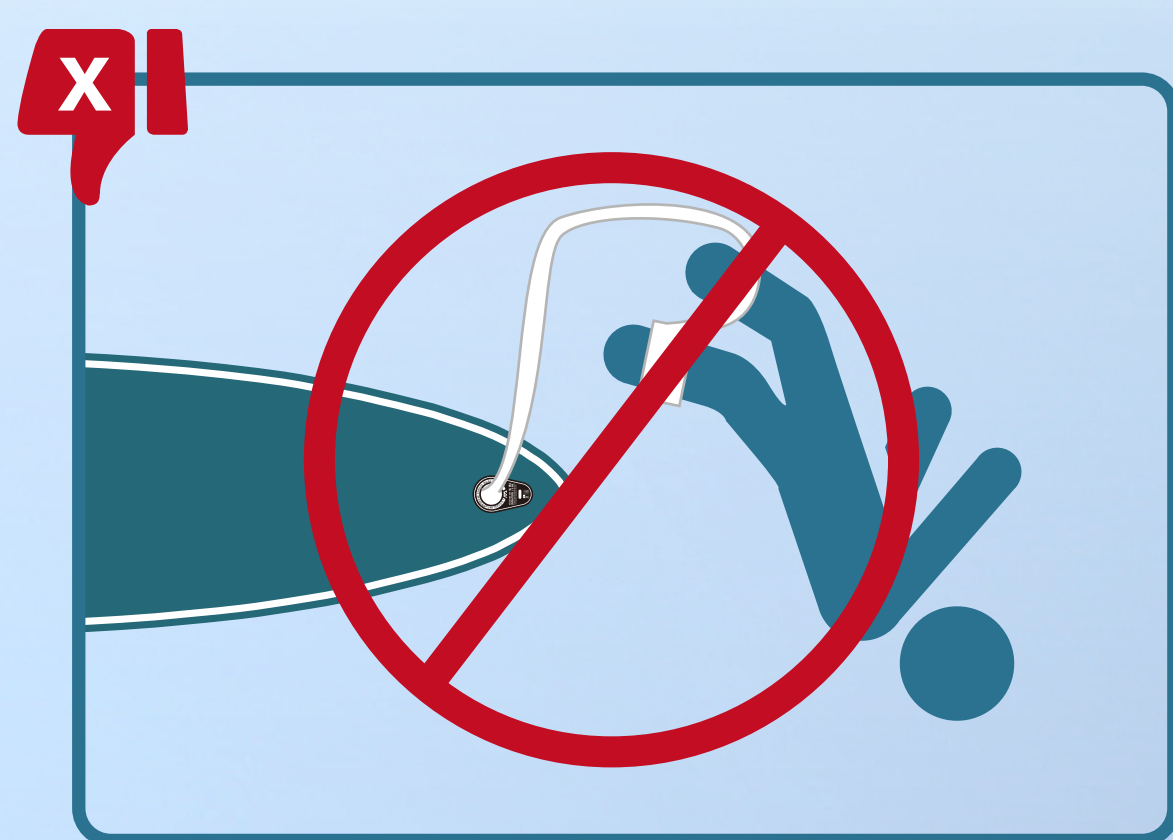
DO'S AND DON'TS



Avoid landing on your paddle.



Avoid jumping in feet first.



Avoid diving head first.



@AQUA MARINA GLOBAL